

SHAS BULLETIN

(Official Bulletin of School of Health and Allied Sciences, SHAS, PU)

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Students's Participation at International Workshop

Mr. Nabin Rajaure and Mr. Nawaraj Chapagain, students of Bachelor of Public Health, participated an International Workshop on "Zero Waste Peer Educator's Training" organized by Darjeling Himalaya Initiative in collaboration with WWF-India and ZERO WASTE HIMALAYA from December 10-12, 2019 at Kalingpong, India. The main objectives of the program were to develop a pool of Peer Educator's to become change agents for taking forward zero waste movement in the region and to develop volunteers for taking forward The Himalayan Cleanup, 2020.



JHAS has now its own DOI

Journal of Health and Allied Sciences (JHAS), pSSN: 2091-2579; e ISSN: 2091-2587 is now indexed with Google scholar and NepMed. It is fully functional in OJS and this work is licensed under a Creative Commons Attribution 4.0 International License. Its own DOI has been approved and now it has been the international journal. All the articles published in this journal will have unique DOI. Scientific articles can be submitted, reviewed and published online and authors are duly acknowledged with the system itself.

Faculty Research Grant for the Fiscal Year 2076/77

The School research committee of School of Health and Allied Sciences (SHAS), Faculty of Health Sciences, Pokhara University organized a research proposal presentation program as per the call for papers of the faculty members for faculty research grant FY 076/77 on December 16, 2019. The following faculty members were finally selected for the grant provided by SHAS.

1. Mr. Sandip Pahari
2. Dr. Jay Prakash Sah
3. Mr. Deepak Joshi
4. Mr. Ramesh Gyawali
5. Mrs. Urmila Baral

The Internal Examination Cell

The Internal Examination Cell of School has successfully conducted Pre-board examinations of all programs at the school from November 8-22, 2019. The newly admitted students of Fall 2020 were oriented about the examination system of Pokhara University by internal examination cell.

काठमाण्डौ विश्वविद्यालय, फार्मास्यूटिकल प्रयोगशाला अवलोकन

पोखरा विश्वविद्यालय, स्कूल अफ हेल्थ एण्ड एलाईड साइन्सेज अन्तर्गतको फार्मास्यूटिकल प्रयोगशालामा कार्यरत प्रयोगशाला प्रमुख श्री दुर्ग बहादुर बि.क. ले २०७६ मंसिर १६ देखि १९ सम्म काठमाण्डौ विश्वविद्यालय अन्तर्गतको फार्मास्यूटिकल प्रयोगशाला तथा त्यसको Inventory Management and Laboratory Wastage Management संबन्धि अन्तर्क्रिया तथा अवलोकन भ्रमण गरी आवश्यक जानकारी हासिल गरेर फर्कनु भएको छ ।

Hospital Internship for B. Pharm.

Final year students of 2015 batch of B. Pharm. recently completed their two-weeks hospital internship at Manipal Teaching Hospital, Fulbari, Pokhara. The internship started from December 29, 2019. During the internship, students received the opportunity to explore their theoretical knowledge into practical field.



Prof. Dr. Arun Kumar Koirala as a Panelist

Prof. Dr. Arun Kumar Koirala, Asso. Prof. Dr. Damaru Prasad Paneru, Asst. Prof. Mr. Hari Kafle and Asst. Prof. Mr. Chiranjivi Adhikari participated in Province level annual achievement review workshop on health program 2075/2076, as per the invitation from Health Service Division, Ministry of Social Development. The program was held from 2076/07/27 to 2076/07/29 in the presence of Minister of MoSD. Prof. Koirala presented on **The Scenario of Basic Health Services and The Role of**



Local and Province Government on Challenges and its Implementation highlighting on three different agendas viz. Basis of evaluation (as per weightage of diseases and risk factors), development of policy and strategic implementation plan on the basis of information received from evaluation and indicators of quality health services and assurance of quality to improve basic health services. Additionally, Prof. Dr. Arun Kumar Koirala was one of the three panelists along with Dr. Taranath Pokhrel (Director, Curative Service Division, DoHS), Mr. Bhogendra Raj Dotel (Director, PHC Revitalization Division, DoHS) had extensive discussion on Basic health service in the program.

Thesis Research Protocol Development Workshop

School of Health and Allied Sciences (SHAS), organized a workshop on “Research Protocol Development” for 3rd batch students of Masters of Public Health from December 4-11, 2019 at Information Access Centre (IAC) Hall of School of Business, Pokhara University. The workshop was organized particularly, focusing their thesis in 4th semester as prescribed by the curriculum of Pokhara University. The main purpose of the workshop was to provide practical knowledge on a good research protocol development for quality and standard research practice.



Visiting Professor of Pokhara University, Dr. Shyam Thapa, facilitated the entire workshop with the active participation of faculties of Public Health. At the same time Mr. Prabin Sharma and Mrs. Bibechana Sapkota, representing MPH 2nd batch shared their experiences as MPH graduates and provided a valuable suggestion regarding areas for improvement to further enhance quality education and research in SHAS that can ultimately aid and encourage students to develop into a competent professional career and life-long learning. Mr. Ram Chandra Panthi and Mrs.

Sarmila Baral representing MPH (PHSM) and MPH (HPE) students, respectively shared their overall learning experience during the closing ceremony of the workshop. Associate Professor, Dr. Damaru Prasad Paneru, Director of SHAS shared his closing remarks and ensured to produce skilled and qualified human resources in the field of public health along with competent and creative knowledge in the field of research as one of the main visions of SHAS, Mr. Chiranjivi Adhikari, MPH program coordinator coordinated the entire workshop.

EMIS Committee

The EMIS committee successfully completed the data entry of all Master level students (M.Pharm. CP, M.Pharm. NPC, MPH-HPE, MPH-HSM, MSc. MM and MSc. MB) and Bachelor level students of all batches of BSc. Nursing, BPT, BSc.MLT programs. Now, the committee is busy entering the data of two batches of B.Pharm and BPH students. Similarly, creation of

human resource profile and orientation to faculties of BPT program regarding applications of EMIS software. From October-December, 2019, data entry of a total of 521 students has been completed which means that the committee has achieved 90 % of their target.

Guest Faculty

Associate Professor Dr. Binod Kumar Yadav, HOD Biochemistry, Institute of Medicine delivered a guest lecture on Poush 7-8, 2076 on topics related to Applied Biotechnology (Modern tools in Biochemistry). The students were highly benefited from these interesting lectures from a renowned scientist in the field of Biochemistry.



Participation at NAN workshop

Nursing Association of Nepal (NAN), Kaski branch, organized a three days workshop on "Appreciative Inquiry" which was held from Kartik 29 to Mangsir 1, 2076 at Western Regional Hospital, Pokhara. Faculties of Pokhara University Ms. Jenny Ojha, Ms. Pooja Bhandari and Ms. Shraddha Upadhaya participated in the program. The theme of the program was professional development of nursing personnel as well as to motivate nurses towards their profession.

Welcome & Farewell Program Organized by PUSPA

On 11th December, PUSPA organized a 'Welcome and Farewell Program' to the new comers and pass out students of Pharmaceutical Sciences Program of School of Health and Allied Sciences. In the program, Dr. Damaru Prasad Paneru, Atis Kaundinnyayana, Nim Dc and Dr. Khem Raj Joshi gave remarks on different topics.



Panel Speakers in Symposium

A scientific symposium on 'Nepalese Pharmacy Graduates in the Pharmaceutical R&D and Policy Making: Opportunity, Challenges and Rewards' was organized at different colleges/institutes of Nepal in December, 2019. Mr. Nim DC, Assistant Professor participated as a panelist in the symposium organized by IOM, TU at Kathmandu on December 18, 2019. Similarly, Mr. Atis Kaundinnyayana, Asst. Prof. and Program coordinator of M. Pharm. program, delivered a speech on 'Importance of Natural Product Research in Nepal' in the symposium organized by CiST College, Kathmandu on December 24, 2019.

Practical Exam of B. Pharm. Conducted

Final examinations of all the laboratory courses of Bachelor of Pharmaceutical Sciences Program for Spring Semester 2019 was completed in presence of external examiners who were experts from relevant fields.

SHAS representation in HULT Prize

Mr. Gulam Moiz Khan, a student of B. Pharm., Seventh Semester was selected as a representative from SHAS for 'HULT PRIZE'. Hult Prize is an International competition among all the Universities of the entire globe organized by Former President of the United States of America, Mr. Bill Clinton. More than 100,000 students compete from all around the world to get an opportunity to showcase their innovative ideas, learn from their peers and be inspired by people who are committed to change the world through innovative ideas. The 2020 Hult Prize Challenge as announced by the President Bill Clinton is: "Building Startups that has a positive impact on our planet with every dollar earned".

Picnic Organized by MPH students



The students of Master of Public Health (MPH), Second Semester and Fourth Semesters organized a picnic on November 29, 2019 at Rupakot to enhance interaction among the students of two semesters. The Director of SHAS, MPH Program Coordinator and faculty members of Public Health participated in the picnic. Everyone enjoyed the delicious foods and amazing views of Begnas Lake and Rupa Lake with complete refreshment and friendly harmony.

An Interaction Program in MPH Program

Faculty members of Public Health Program participated in an interaction on "Strengthening MPH Program of PU". Adjunct Prof. Shyam Thapa delivered a short lecture reflecting Public Health in various Universities and colleges in Nepal followed by an interaction with the faculty members. Prof. Thapa emphasized all colleges running MPH program should focus on current needs and demands that are deemed from the public and private sectors, mainly the INGOs and bilateral/multilateral as well as UN Agencies.

SHAS Representation at 7th Annual Nutrition Scientific Symposium

Dr. Dipendra Kumar Yadav, Associate Professor and Mr. Rajesh Kumar Yadav, student of MPH (PHSM) presented a Poster Paper entitled "Nutritional Status and Dietary Practices of Elderly People Living in Community-Dwelling and Old Age Home in Tanahun" in a symposium with the theme **Scientific Symposium on Agriculture to Nutrition: Pathways to Resilience**, jointly organized by USAID, Johns Hopkins Bloomberg School of Public Health, Innovation lab for nutrition, Tufts University Friedman School of Nutrition Science and Policy, NARC, Tribhuvan University, IOM and NTAG, from December 10-12, 2019 at Hotel Yak and Yeti, Kathmandu, Nepal. We are pleased to share that Mr. Rajesh Kumar Yadav received a travel bursary worth \$250 to attend the symposium.



फिजियोथेरापी संस्थाको स्थापना

गत वर्षदेखि पोखरा विश्वविद्यालयमा सुरु भएको फिजियोथेरापी कार्यक्रममा अध्ययन बिद्यार्थीहरूले फिजियोथेरापी एसोसिएसन (PUPTAS) नामक गैरराजनैतिक र गैरनाफामूलक संस्थाको स्थापना पौष ११, २०७६ मा गरेको छ । विभिन्न चेतनामूलक र रचनात्मक कार्यक्रम मार्फत यस बिषयको महत्वलाई थप उजागर गरि विद्यार्थीहरूको सहभागीता बढाउने उद्देश्यले एसोसिएसन गठन गरिएको हो । संस्थाको साधारणसभाबाट अध्यक्षमा प्रकट खनाल सहित १५ सदस्यीय कार्यसमिति बनेको छ । यस संस्था मार्फत सम्बन्धित विषयमा विद्यार्थीहरूको उत्साहपूर्ण सहभागीता सहित अध्ययन गर्ने र गराउने वातावरण प्रभावकारी बनाउने र सिक्ने पोखरा विश्वविद्यालयको गरिमालाई नै अभै थप उचाईमा पुर्याउने प्रतिबद्धता संस्थाका सचिब सिर्जना चौधरीले व्यक्त गर्नु भएको छ ।

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Tracer Study Completed

Despite many constraints, the Tracer Study team has finalized the Tracer Study Reports of two consecutive years-2017 and 2018. The team consisted of faculty members and staffs. Mr. Chiranjivi Adhikari led the team and the other team members were Ms. Parbati Thapa, Ms. Aditi Gurung, Mr. Ramesh Gyawali and Mr. Santosh Gurung. The entire team is thankful to all the helping hands for their support during the study process and preparation of the reports.

प्रयोगशाला उपकरण सञ्चालन तालिममा सहभागी

स्कूल अफ हेल्थ एण्ड एलाईड साइन्सेज द्वारा प्रयोगशाला समूहका उप प्रशासक श्री होम बहादुर थापामगर र मुख्य सहायक श्री चन्द्र कान्त यादवलाई Aggape Diagonositcs Ltd., केरला, इण्डियाद्वारा सञ्चालित प्रयोगशाला सम्बन्धि उपकरणहरूको तालिममा सहभागी गराइयो । उक्त तालिम नोभेम्बर १५ तारिख देखि २२ तारिख २०१९ सम्म Agappe Diagnostics Ltd., केरलामा सञ्चालन भएको थियो र त्यस तालिममा प्रयोगशालाहरूमा प्रयोग हुने उपकरणहरूको सञ्चालन तथा मर्मत-संहार सम्बन्धि तालिम प्रदान गरिएको थियो ।

SSR and Response Report Submitted to the UGC

School of Health and Allied Sciences recently submitted its updated Self-Study Report (SSR) and response report of pre-visit team to the University Grants Commission (UGC), Nepal for the Quality Assurance and Accreditation (QAA) process on December 30, 2019. The SSR was submitted by Dr. Damaru Prasad Paneru, School Director and Mr. Nim DC, self-assessment team (SAT) coordinator. According to Mr. DC, this process is the final step for the PRT visit to award of higher education quality certificate by the UGC. The SAT is working hard in order to get awarded the quality certificate from the UGC. "School has made remarkable efforts to get quality certificate" says Mr. Nim DC.



As per the provision of the UGC, a team of experts (PRT team) assigned by the UGC will visit the school for five days PRT will evaluate the school and verify the data provided in the SSR. According to UGC source, the PRT team will be assigned within one month of submission of updated SSR and response report to the UGC.

Nepal Pharmacy Council Visit

A team of Nepal Pharmacy Council visited School of Health and Allied Sciences, Pokhara University on December 25-26, 2019. The team comprised of Mr. Keshab Dhoj Joshi, Chairperson of Nepal Pharmacy Council (NPC), Mr. Eureka Ranjit, member of NPC and Mr. Mohan Amatya, Pharmacologist. The main objective of this visit was to inspect SHAS as a part of renewal process of accreditation of pharmaceutical sciences program at SHAS, PU.

R Programming तालिममा सहभागिता

बोर्ड वेज ईन्फोसिस, काठमाण्डौद्वारा सञ्चालित R Programming तालिममा यस स्कुल अफ हेल्थ एलाईड, पोखरा विश्वविद्यालय, पोखराबाट उपप्रध्यापक तथा जनस्वास्थ्य स्नातक कार्यक्रमका संयोजक नन्दराम गहतराज र उपप्रध्यापक तथा आन्तरिक परिक्षा संयोजक अनिल गिरी सहभागी हुनुभएको थियो । उक्त १० दिने तालिमको प्रमुख प्रशिक्षक आर्टिफिसिल इन्टेलिजेन्स तथा डेटा साइन्स विज्ञ अजयमणी पौडेल हुनुहुन्थ्यो भने सहजीकरण बोर्ड वेज ईन्फोसिसले गरेको थियो । स्कुलले विषयबस्तुको आवश्यकताका साथै प्रध्यापकहरुको क्षमता अभिवृद्धि गर्ने उद्देश्यले नियमित रूपमा तालिम, कन्फरेन्स र सेमिनार पठाउने गर्दछ । तालिममा सहभागी नन्दराम गहतराजले यस तालिम विशेष गरि तथ्याङ्क विस्लेषण तथा प्रस्तुती गर्नमा अति उपयोगी हुने र आफ्नो अनुसन्धान क्षामतामा एक कोसे ढुंगा थपेको बताउनु भयो । अर्का सहभागी अनिल गिरीले यो तालिम मलाई र विद्यार्थीका लागि अति महत्वपूर्ण भएको बताउनु भयो ।

Guest Lecture on Scopes of Public Health

Adjunct Professor of PU, Dr. Shyam Thapa, delivered the guest lecture for two hours on 11th December, 2019 for MPH 1st and 2nd year. He discussed the history, present and past of Public Health in Nepalese and global context. He streamlined the MPH course in Pokhara University and suggested the scholars to compete in global context. He suggested the areas such as M & E, Project Management, Ethics in Research, Scientific Writing should be added as supplementary courses to come up with the global Public Health graduates.



Harvard University Visit

Dr. Khem Raj Joshi, former Dean of Faculty of Health Sciences is selected for 'Leadership for the 21st Century' program which is going to be held at Harvard University, United States of America, the most glorious institution on academic arena. The program will be held from February 2-7, 2020 and is the first record in the history of Pokhara University to represent in such a grand intellectual forum.

Workshop for QAA of SHAS

The School of Health and Allied Sciences organized a three-days workshop 'Workshop for QAA' in Kathmandu from October 23-25, 2019. The grand discussion was held during the session and the procurement plan was also submitted to UGC.

Guest Lecture to MPH students

One day guest lecture was organized by SHAS, Department of Public Health on 29th December 2019. Guest lecture on systematic review was done by the Dr. Bipin Adhikari with the MPH 3rd and 4th batch students of both specialization (PHSM and HPE). Discussion on systematic review was conducted followed by interaction session Question and Answer. Students learned how to conduct systematic review including its steps and other research methodology part and articles publishing process. Dr. Adhikari is a researcher in Centre for Tropical Medicine and Global Health, Nuffield Department of Medicine, University of Oxford, United Kingdom.



Course Contract Teachers: Fall 2020

School of Health & Allied Sciences, Pokhara University announced vacancy for course contract teachers for Fall 2020 semester for 29 courses which includes subjects from Bpharm- 11, B.Sc. MLT -6, BPH- 2, B.Sc. Nursing -2, BPT -2, Mpharm -1 and for M.Sc. MM/MB- 5 subjects to apply before 2076/7/18 on office time.

There were all together 34 applicants for various subjects. Interview was conducted on 2076/7/22 and 26 candidates were selected in various subjects according to their merit and qualifying documents as per the guidelines of Teachers PU service commission. Three subjects did not have any qualified applicant. The contract period started from 2076/7/27 for different courses.

Project Defense & Internship evaluation

B.Sc. MLT final year student successfully completed their final project work defense on 15th Mangsir followed by Internship evaluation on 16th Mangsir 2076. External Examiners were Dr. Dharama Raj Bhatta and Dr. Sanjeev Mani Regmi for Microbiology related topics and Mr. Nawal Kishor Yadav and Prof. Daya Ram Pokharel were for Biochemistry related topics.



International Exposure among Faculties

Associate Professor, Dr. Dipendra Kumar Yadav and two other representatives from Pokhara University Mr. GM Khan, Executive Director of Research Centre and Mr. Tek Bahadur Chhetri, Executive Director of International Relation Centre actively participated in “International Conference on Future Healthcare and Economic Development II” which was held from November 8-11, 2019. The conference was organized by Medical Device Innovation Center, National Cheng Kung University, Taiwan. Dr. Yadav was presented research concept paper on “DSp Device to Assess Suicidal Risk among Adolescents for Prevention of Premature Death” for which and Innovation Bronze Winner Prize was awarded to him.



Physiotherapy service at 13th South Asian Games 2019

Two faculty members of Bachelor of Physiotherapy program (Deepak Joshi and Ramesh Gyawali) rendered first aid and physiotherapy service to the participating athletes in 13th South Asian Games held at different venues in Pokhara from December 2-8, 2019.



डिजिटेशनको फाइनल प्रस्तुतीकरण सम्पन्न

बि.पि.एच. आठौ. सेमेष्टरका ३५ जना विद्यार्थीहरूले विभिन्न स्वास्थ्य अनुसन्धान शिर्षकमा बाह्य परिक्षक, कार्यक्रम संयोजक, रिसर्च सुपरभाईजर तथा प्राध्यापकहरूको विचमा सोधपत्रको अन्तीम प्रस्तुतीकरण सफलतापूर्वक पौष १३, २०७६



मा सम्पन्न गरेका छन् । कार्यक्रम संयोजक नन्दराम गहतराजले “विद्यार्थीहरूले अनुसन्धान जुन २०१९ बाट सुरु भई प्रास्तवना, ईथिकल अप्रोभल देखी फाइनल प्रजन्टेसन डिसेम्बरमा सकिएको जसले गर्दा विद्यार्थीहरूले आवश्यक अनुसन्धान सिप विकास गरेको” बताउनु भयो । स्कुल निर्देशक डा. डमरु प्रसाद पनेरुले “हाम्रा विद्यार्थीले आफ्नो स्तर भन्दा पनि राम्रो गरेको र सो मध्ये विभिन्न संस्थाबाट बि.पि.एच. ५ जना विद्यार्थीहरूले रिसर्च अनुदान प्राप्त गरेको अवस्था छ । विद्यार्थीहरूलाई पाठ्यक्रमले निर्दिष्ट गरेको शिक्षण सिकाईलाई उच्चतम बनाउन कुनै कञ्जुस्याई गरेको छैन र गर्ने छैन” भन्ने तथ्य स्पष्ट पार्नु भयो ।

PhD Scholarship

Ms. Parbati Thapa, Assistant Professor of Clinical Pharmacy received Monash Graduate Research Scholarship to pursue her PhD in Pharmacy and Pharmaceutical Sciences at Monash University Malaysia from November, 2019. Ms. Thapa is a permanent faculty of SHAS and shall share her research experiences and expertise in enhancing Pharmacy Education at the school after her PhD. The school congratulates and wishes her all the best in successful completion of her study.

Orientation Program for M. Pharm. Students (2019/2076 Intake)

An orientation program for the newly enrolled M. Pharm. Students (2019/2076 Intake) was organized. Dr. Damaru Prasad Paneru, School Director highlighted the importance of academic discipline required for graduate students. In the program, Assoc. Prof. Dr. Nirmala Jamarkattel, Assoc. Prof. Gulam Muhammad Khan and Asst. Prof. Dr. Khem Raj Joshi delivered motivating messages to the students focusing on the importance of research. Asst. Prof. and Internal Exam coordinator Anil Giri presented about the examination system of Pokhara University and the School. Mr. Hemanta Kandel, Chief librarian of the Pokhara University Central Library provided information regarding the rules and the regulations of the library. Mr. Pramesh Poudel, Chief Accountant briefed about account related matters while Mrs. Sharada Banstola explained the rules and regulations of school administration. The program was coordinated by Mr. Atis Kaundinyayana, Asst. Prof. and Coordinator of the M. Pharm. providing an introduction of the program to the students.

Research Grants for BPH Students

Students of Public Health received research grants from various agencies. The research grants were utilized for the completion of final year project under the guidance and supervision of faculty members of Public Health program. This is the first time that a large number of students were selected for the research grants.

S.N.	Students' Name	Research Title	Granted by
1.	Anju Adhikari, MPH	Factors Associated with Non-enrollment in National Health Insurance Scheme: Multiple Stakeholders Perspective	Nepal Health Research Council (NHRC)
2.	Rajesh Kumar Yadav, MPH	Health Related Quality of Life and Associated Factors with Medication Adherence among Tuberculosis Patients in Gandaki Province of Nepal	
3.	Dichen Tamang, BPH	Prevalence and Factors Associated with Social Anxiety Disorder among Secondary School Adolescents in Kathmandu Metropolitan, Nepal	
4.	Janaki Kumari Timilsina, BPH	Nicotine Dependence and Quitting Stages of Smokers in Bharatpur Metropolitan, Chitwan	
5.	Raksha Sharma, BPH	Intimate Partner Violence During Pregnancy and Post-Partum Depression among Married Women in Putalibajar Municipality	
6.	Rima Mishra, BPH	Prevalence and Factors Associated with Hypertension: A Cross Sectional Study among the Elderly Population in Pokhara Metropolitan City	
7.	Sulaksha Paudel, BPH	Assessment of Quality of Life and Dietary Practices of Type 2 Diabetes in Bharatpur Metropolitan, Chitwan	
8.	Kusumsheela Bhatta, BPH	Vulnerability to Heat Stress and its Health Effects among People of Nepalgunj Sub Metropolitan	WWF (Hariyo Ban Program)

Awareness Program on Oral Hygiene and Dental Health

Dr. Purna Khanal, a consultant orthodontist and HoD of the Department of Dentistry at Western Regional Hospital, Pokhara Academy of Health Sciences, conducted an Awareness program on Oral Hygiene and Dental Health for Nursing and Pharmacy Students of School of Health and Allied Sciences in two different sessions. In this program, Dr. Khanal comprehensively discussed the topic and also highlighted the different dental conditions focusing on their treatment. Ms. Sabina Lamichhane, Asst. Prof. of Nursing coordinated the event on behalf of the school. Mr. Bibek Budha, President of PUSPA (Pokhara University Students' Pharma Association) thanked and felicitated Dr. Khanal on behalf of the participants and the School.

Guest Lecture at Pharmaceutical Sciences

Dr. Bhuvan KC from Monash University Malaysia delivered an invited Guest Lecture on **Community Pharmacy: Experiences from different countries** for M. Pharm. and B. Pharm. students. During his lecture, he shared his experiences from Nepal, New Zealand and Malaysia and highlighted the potential services that can be provided from a community pharmacy in Nepal. Dr. KC is an experienced clinical pharmacist, dynamic pharmaceutical educator and consultant and is an alumnus of SHAS, PU (B. Pharm., 2003-2007). During his undergraduate studies, Dr. KC was also the president of PUSPA from 2005-2006.

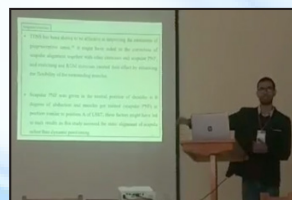


PhD Completed

Mr. Hari Prasad Kaphle, Assistant Professor in Public Health completed his PhD in Public Health on December 3, 2019 from the Department of Public Health, Shalom Institute of Health and Allied Sciences (SIHAS), Sam Higginbottom University of Agriculture, Technology and Sciences (SHUATS), India. The title of his thesis was "Determinants for the utilization of Maternal Health Services in Nepal: A Multilevel Approach".

Participation at International Physiotherapy Conference 2019

Mr. Deepak Joshi, Asst. Prof. of Physiotherapy presented his research work at the International Physiotherapy Conference from November 29-30, 2019 which was organized by the Department of Physiotherapy, School of Medical Sciences, Kathmandu University.



Clerkship II of M. Pharm. (Clinical Pharmacy)

Clinical Clerkship II of M. Pharm. (Clinical Pharmacy), Third Semester started from December 15, 2019 at Manipal Teaching Hospital, Pokhara. The students were supervised by Dr. Sudesh Gyawali, Asso. Prof. of Manipal College of Medical Sciences and Chief, Pharmaceutical Services, Manipal Teaching Hospital.



NHPC Visit to BPT Program

On Kartik 25 and 26, 2076 B.S, a team from Nepal Health Professional Council (NHPC) visited Bachelor of physiotherapy (BPT) at School of Health and Allied Sciences, Pokhara University. The main objective of this regular visit was to assure the quality education (knowledge, skills) through inspecting the minimum requirement for running physiotherapy course at school. The Team led by Mr. Govinda Mani Nepal and Mr. Pratyush Neupane, subject committee members of NHPC have overviewed the hardware and software of the academic program including classrooms, laboratories, equipment, library, other infrastructure, examination system, academic routine etc. During the visit, the team interacted with the students of BPT and faculty members in presence of School Director.

Full Time Teachers Selected for SHAS

As per the vacancy announcement on 2076/07/22 for full time lecturer in different subjects of different programs of School on contract basis, an interview was held on 2076/8/20 & 22. Among a large number of applicants, the following candidates were selected to fulfill the vacant positions.

S.N.	Courses	Position	Successful Candidates
1	Nursing	Lecturer	Mrs. Rita Adhikari
2	Nursing	Lecturer	Miss Anuradha Timilsina
3	Medical Anatomy	Lecturer	Mr. Sabin Poudel
4	Physiotherapy-Neuro	Lecturer	Mr. Deepak Joshi
5	Physiotherapy- Neuro	Lecturer	Mr. Ramesh Gyawali
6	Physiotherapy-MSK	Lecturer	Mr. Bibek Lamsal

स्कूलद्वारा विभिन्न खालका उपकरण तथा सामग्रीहरूको खरिद स्कूल अफ हेल्थ एण्ड एलाईड साइन्सेजका विभिन्न कार्यक्रमहरूको प्रयोगशालामा आवश्यक शैक्षिक तथा प्रयोगशाला उपकरणहरू खरिदका लागि करिब एक करोड रुपैयाँ लागत बराबरका बोलपत्र आव्हान भई हालबोलपत्रहरू मूल्यांकनको चरणमा रहेको छ । निकट भविष्यमा नै उक्त उपकरणहरू बोलपत्र मार्फत खरिद भई विद्यार्थीको प्रयोगात्मक अभ्यास एवं अनुसन्धानात्मक कार्यमा थप टेवा पुग्ने देखिन्छ । त्यसै गरी करिब पच्चीस लाख रुपैया लागत बराबरको प्रयोगशाला सञ्चालनका लागि आवश्यक रसायन तथा ल्याव सामग्रीहरू र करिब अठ्ठाईस लाख लागत अनुमान रहेको शैक्षिक तथा कार्यालय उपकरणहरू पनि बोलपत्र मार्फत खरिदका लागि बोलपत्र आव्हान भई खरिद प्रक्रियामा रहेको छ । शैक्षिक तथा कार्यालय उपकरणहरूमा स्कूल द्वारा विभिन्न खालका ल्यापटप, कम्प्युटरहरू, विद्यार्थीहरूको अध्यापनमा प्रयोग हुने मल्टि मिडिया प्रोजेक्टरहरू, कार्यालय सञ्चालनमा प्रयोग हुने प्रिन्टर जस्ता उपकरणहरू खरिद गर्न लागिएको हो ।

Completion of Faculty Research Grant for Fiscal Year 2074/75

On January 1-3, 2020, the following faculty member of School of Health and Allied Sciences who have

received the faculty research grant on FY 2074/075 presented their final research report.

1. Mr. Bhoopendra Sharma
2. Mr. Santosh Kumar Gupta
3. Dr. Shila Gurung
4. Mrs. Rashmi Thapa
5. Mr. Atisammodavardhana Kaundinyayana
6. Dr. Renu Karki
7. Mr. Chiranjivi Adhikari
8. Mrs. Rojana Dhakal
9. Mrs. Pushpa Poudel
10. Mrs. Pooja Bhandari

Orientation Program for Bachelor Level Students (2019/2076 Intake)

School of Health and Allied Sciences organized an orientation program for the newly enrolled students of B. Pharm., B.Sc. MLT, BPH, B.Sc. Nursing and BPT on November 7, 2019. Dr. Damaru Prasad Paneru, School Director and the chairman of the orientation program along with all the program coordinators welcomed the newly enrolled students in the event. Prof. Arun Koirala motivated the students with his inspirational speech. In the event, Asst. Prof. Dhaka Raj Panta, Deputy Controller of the Office of the Controller of Examinations, PU provided information about the examination system of the university. Mr. Hemanta Kandel, Chief Librarian, Central Library of the Pokhara University provided information regarding the rules and the regulations of the library. The welcome speech was delivered by Asst. Prof. Santosh Gupta, while briefing about the administration of the school was presented by Mrs. Sharada Banstola, Assistant Administrator. Senior students of the school presented cultural programs and made the program entertaining and memorable.

Visiting Faculty

Prof. Dr. Arun Kumar Koirala visited to Gothgaun as a visiting faculty from Nov 19 to Dec 6, 2019. During his visit, Prof. Koirala delivered a lecture on 'Theories and Practice of Health Education, Communication' to the students of MPH and motivated them to develop a drama script on 'Dengue disease' and participate in the drama broadcasted in the local radio station.

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